

Shiva-Vishnu Temple Om Namah Shivaya Om Namo Narayanaya

Hindu Community and Cultural Center

1232 Arrowhead Ave, Livermore, CA 94551 A Non-Profit Organization since 1977 Tax ID# 94-2427126; Inc #D0821589 Tel: 925-449-6255; Fax: 925-455-0404

Web: http://www.livermoretemple.org

HCCC HUMAN SERVICES PRESENTS

Weekly in person Yoga Classes

Where: Thirumala Hall
Shiva Vishnu Temple
232 Arrowhead Ave, Livermore CA 94551
When: Every Saturday 8 to 9am
Starting September 24th 2022

On Line Yoga classes Every Sunday - 8.00am to 9.15am.

Zoom Link for Yoga-Meditation Classes https://zoom.us/j/662567344?pwd=S2NZdVhYU2|LRGp6aWJOV1Fuc2p5UT0 9#success

Pranayama, chanting, asanas and Yoga Nidra

Livermore temple Yoga channel

https://www.youtube.com/channel/UCL6vq0ECqqe7F-7vtlO2aQA

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For more information, please contact Temple Office at 925-449-6255 Shyamala Venkateswaran ec_human_services@livermoretemple.org







Disclaimer: Classes are run by volunteers as a service to the community. While all efforts are being made to ensure that they are run in time, it could be cancelled at a moment's notice due to unforeseen circumstances. Thank you for understanding.