



Shiva-Vishnu Temple

Om Namah Shivaya Om Namo Narayanaya

Hindu Community and Cultural Center

1232 Arrowhead Ave, Livermore, CA 94551

A Non-Profit Organization since 1977

Tax ID# 94-2427126; Inc #D0821589

Tel: 925-449-6255; Fax: 925-455-0404

Web: <http://www.livermoretemple.org>

HCCC HUMAN SERVICES PRESENTS

Weekly in person Yoga Classes

Where :Thirumala Hall

Shiva Vishnu Temple

232 Arrowhead Ave

Livermore CA 94551

When: Every Saturday 8 to 9am

Starting September 24th 2022

On Line Yoga classes

Every Sunday - 8.00am to 9.15am.

Zoom Link for Yoga-Meditation Classes

<https://zoom.us/j/662567344?pwd=S2NZdVhYU2ILRGp6aWJlOV1Fuc2p5UT09#success>

Pranayama, chanting, asanas and Yoga Nidra

Livermore temple Yoga channel

<https://www.youtube.com/channel/UCL6vg0ECqge7F-7vtlO2aQA>



For more information, please contact Temple Office at 925-449-6255

Shyamala Venkateswaran ec_human_services@livermoretemple.org

