



Shiva-Vishnu Temple

Om Namah Shivaya Om Namo Narayanaya

Hindu Community and Cultural Center

1232 Arrowhead Ave, Livermore, CA 94551

A Non-Profit Organization since 1977
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Ratha Saptami

Monday, February 11th & Sunday, February 24th, 2019



**saptāśva radha mārūḍham
prachaṇḍam kaśyapātmajam
śveta padmadharam devam
taṃ sūryam praṇamāmyaham**

Ratha Saptami is a very auspicious day in the Hindu calendar. Many people worship Surya because he is called as "Aarogya and Aishwarya Datha" (provider of health and wealth). Surya is worshipped early in the morning while fresh sunrays emerge. It is believed and proven that exposure to fresh sunrays will rejuvenate energy, and purify the mind & body. The Sun God travels in the north and south directions in a year. These are called Uttarayanam (when the sun is heading northwards) and Dakshinayanam (when the sun is heading southwards). The Ratha Saptami festival seeks the benevolent cosmic spread of energy and light from the Sun God.

At Shiva-Vishnu Temple, Ratha Saptami is celebrated by worshipping Aditya or Sun God with Kalasa Sthapana and Shodasha Upachara puja followed by Parayanam (Chanting) of Aruna Prasnam (Surya Namaskara Mantrams), Aditya Hrudayam.

Devotees can participate in the puja and perform Surya Namaskarams. All devotees are encouraged to participate and receive divine blessings.

Event Schedule

Monday, Feb 11 th 10:00 AM	Aruna Parayanam with Surya Namaskaram
Sunday, Feb 24 th 9:30 AM	Surya Prabha Vahana Seva for Lord Balaji
Sunday, Feb 24 th 10:00 AM	Aruna Parayanam with Surya Namaskaram
Sunday, Feb 24 th 11:30 AM	Surya Prabha Vahana Procession

Event Sponsorship: \$ 21

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For further details, please contact Coordinator Satya Govindan at 510-565-5184 OR
Temple Office at 925-449-6255



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