



Shiva-Vishnu Temple

Om Namah Shivaya Om Namo Narayanaya

Hindu Community and Cultural Center

1232 Arrowhead Ave, Livermore, CA 94551

A Non-Profit Organization since 1977

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## HCCC Human Services and Sree Parivaar Presents A Self Science Workshop

for

(Happy, Healthy and Powerful Living)

By

Sree Guruji,

Dr. M.S. Rao

(Scientist, Master of Yoga, Meditation, Grand Master of Reiki for the past 40 years.

Conducted Workshops at Harvard Rutgers Universities and Several Corporate Companies.)



Dr. M.S. Rao is a beloved Shree Guruji and most respected Vedic wisdom, teacher Shree Guruji has done intensive Sadhana with Great Himalayan Masters for many years and spread his knowledge in India and around the world.

### Sree Parivaar

Invites Families and Friends to join a wonderful and unique

Self Science Program / Workshop

Course for Happy, Healthy and powerful living

### Livermore Shiva-Vishnu Temple Badrinath Hall

Course Classes on

Saturday Dec 15th & Sunday Dec 16th  
9:30 AM – 5:30 PM (with intermittent breaks)

It's a FREE Knowledge sharing course, please register any one of the following methods

Email: [info@sreeparivaar.org](mailto:info@sreeparivaar.org) or WhatsApp : +1-925-413-9359 or Call Co-Ordinator Pandu B at 925-413-9346

For more information contact:

Shiva-Vishnu Temple Office at 925-449-6255

Or Email to: [ec\\_human\\_services@livermoretemple.org](mailto:ec_human_services@livermoretemple.org)