



Program for Seniors

NEW!

Who, What, When, Where?

Who:

Seniors interested in participating in regular meetings involving various activities.

What:

- o Health workshops
- o Vedic chanting
- o Knowledgeable talks by experienced seniors
- o Basic computer usage training
- o Fun games for entertainment...and MUCH MORE!

When:

The first Saturday of EVERY month, from 2:00 PM- 4:00 PM

Where:

The Hindu Community and Cultural Center
1232 Arrowhead Avenue
Livermore, CA, 94551

Registration and Transit Information

Registration is FREE, by sending an email to
setlurs@sbcglobal.net

(Please mention "**Seniors Program**" in the subject line).

For information regarding public transportation, please call
the Temple office at

(925) 449-6255

For more information, please contact the
Temple Office at **(925) 449-6255** or the
Human Services Executive Chairperson, **Anand Gundu** at
anand_gundu@yahoo.com