



## Shiva-Vishnu Temple

Om Namah Shivaya    Om Namo Narayanaya

## Hindu Community and Cultural Center

1232 Arrowhead Ave, Livermore, CA 94551

A Non-Profit Organization since 1977

Tax ID# 94-2427126; Inc# D0821589

Tel: 925-449-6255; Fax: 925-455-0404

Web: <http://www.livermoretemple.org>



# Young Hindu Adults Community



HCCC is proud to launch a Young Hindu Adults Community to cater to the needs of Young Adults belonging to the Hindu community in the 18-32 age group. This is different from Youth Education in terms of target age, scope and approach. This is intended to help YHA succeed in attaining their social and career goals while also exposing them to Hindu religion and culture through periodic Q&A sessions, informal counseling and volunteer opportunities, and to provide a forum where YHA can meet and socialize with other members of the YHA community through social media, face-to-face mixers, and cultural events. The goal is to exchange ideas, share experiences, find partners and come to terms with Hindu practices & traditions. The end goal is to build self-confidence, succeed in careers and relationships, navigate cross-cultural currents in our communities, lead purposeful lives and give back to the community.

### **Frequently Asked Questions:**

#### **Is this intended to be re-indoctrination of YHA to Hindu religion and temples?**

No. This is not about temple visits. HCCC is a Community and Cultural organization. While the Livermore Shiva-Vishnu Temple religious events are the main attraction for many first-generation Hindus in the Bay area, HCCC also engages in non-religious community activities such as Grant-in-Aid and Youth Education. Given the enormous diversity of Hindu traditions and practices which can be daunting for YHA, this forum will attempt to build community among Young Hindu Adults by addressing questions about Hinduism in YHA minds and through volunteering opportunities.

#### **What activities will YHAC be engaging in?**

YHAC is just getting launched and it will depend on the interests of YHA participants. It is anticipated that YHA activities will include socializing via monthly mixers, social media forums, volunteer opportunities serving as Big Brothers/Big Sisters to the Youth Education Program, informal career and relationship counseling/mentoring, religious Q&A, and occasional off-site trips.



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#### **What will YHAC do for YHA that they cannot get elsewhere?**

YHA belong to the Hindu community. While some may feel ambivalent about Hinduism or religion in general, often they come to appreciate their distinct Hindu identity and even celebrate it in the course of time. The goal of this forum is to help YHA succeed in life, build self-confidence and contribute to society in many ways. This program will largely be run by YHA for their own benefit but it can leverage HCCC resource and devotee base and facilities. Others, such as the Jewish community, have successfully built young adult communities centered around their synagogues.

#### **Tell me more about volunteering and mentorship opportunities through HCCC?**

HCCC runs a Youth Education Program for elementary, middle and high school students covering Sanskrit, Balajyothi chanting, Math, Science, Computer programming, Robotics & Entrepreneurship, among other topics. YHA can mentor these kids. Likewise, there are successful professionals in the HCCC community who can, in turn, mentor YHAs.

#### **How will this help Young Hindu Adults succeed in their careers?**

HCCC devotee base includes many highly successful professionals and entrepreneurs belonging to the Hindu community. HCCC can play an informal role linking YHA with professionals and entrepreneurs associated with HCCC for mentoring opportunities.

#### **How will this help Young Hindu Adults learn about Hinduism?**

One of the pet peeves about temple rituals is that they are long and unintelligible. Each of the monthly meetings will set aside a half-hour for Q&A sessions with intent to demystify the enormous diversity of Hindu religious philosophy, beliefs and practices.

#### **Normally Hindu temples don't encourage dating? Will YHAC help find partners?**

YHA do need a forum to find life partners with shared Hindu values and beliefs. YHAC role will be limited to enabling such a forum through social media and face-to-face monthly mixers. HCCC will not play an active role in match-making.

#### **How do I register for the YHAC social media and mixers?**

Monthly mixers will be held in Palani Hall at the Livermore facility on Second Saturday of every month from 5:00 PM – 7:00 PM. All YHA in the 18-32 age bracket are welcome.

For information about YHAC social media, please send a text message to Niranjan Nandakumar at (408) 832-1351, Krupa Adusumilli at (650) 787-6505 or Sundeep Sampath at (925) 336-9064.

For further details about YHAC, please contact: Vijay Sampath @ (925) 336-1412 or Gouri Jonnalagadda at (408) 489-2012 or Usha Upadhyayula at (408) 857-5093.